



VARR 2025 Incident Report Overview

December 18, 2025

It is the policy of the Virginia Association of Recovery Residences (VARR) that all accredited residences and operators report major incidents.

Beginning January 1, 2025, VARR fully digitized the Incident Reporting process for VARR Accredited Operators. No longer are Incident Reports completed by hand and scanned to VARR - they are submitted via the [Incident Reporting Form](#) on the VARR website. In 2025, this new process helped streamline Incident Report submissions for operators and supported VARR's capacity to maintain quality record keeping and organization of all submitted incidents.

Between January 1 and December 17 of 2025, **VARR received 149 Incident Reports** via our website. Of the 149 Incident Reports received, operators identified that emergency services were called in **89 of the reports (59.7%)**.

Incident reports spanned 16 categories of reporting. See below for number of incidents per category (**some incidents may be tagged with more than one category*).

Incident Category	No. of Incidents
Abuse / Neglect / Exploitation	1
Client Death	4
Client Injury / Fall	14
Employee Misconduct / Procedural Break	23
Fire	3
Harrassment	9
Hazardous Material / Spill	1
Medical Emergency	53
Medication Error	3
Other	16
Suicide Attempt	1
Suspected Overdose	6
Trespassing	3
Vehicle Accident	7
Verbal Aggression / Threats of Violence	9
Violence / Physical Aggression	10

December 2025

Key Notes:

Client Death

- 4 reports were categorized as *Client Death*. One of the deaths occurred in a recovery residence and was reported as due to health/ natural causes. The other three deaths occurred at locations not affiliated with the recovery residence nor the operator and were report only of a current resident.

Employee Misconduct / Procedural Break

- 23 reports were categorized as *Employee Misconduct / Procedural Break* - The most common reasons for employee misconduct and procedural break were 1) Staff or Peer Leader had a return to use and 2) Staff / peer leader made romantic advances on a resident or was involved in a relationship with a resident.

Medical Emergency

- 53 reports were categorized as *Medical Emergency*. Medical emergencies are the most frequently reported category - the most common emergencies reported include seizure, shortness of breath, panic attack, anxiety and medication issues.

Suspected Overdose

- 6 reports were categorized as *Suspected Overdose*. In all suspected overdose reports, Naloxone (Narcan) was administered.
- The suspected overdoses were broken down into 3 opiate related reports, 2 benzodiazepine related, and 1 substance unknown.
- Per our standards, Naloxone (Narcan) must always be available in the residence in plain sight - this includes every level of the residence and never behind a lock. Any resident or staff must be able to access Naloxone in case of an emergency. Please check your residences regularly to ensure availability of Naloxone and that it is not expired.

Fire

- 3 reports were categorized as *Fire* - two of the fires were a result of a cigarette not being properly disposed of. Operators should review their smoking policies and designated smoking areas at their residence for safety.
- *Key Safety Guidelines for Cigarette Disposal*
 - Use Proper Receptacles: Utilize deep, sturdy ashtrays or metal containers filled with sand or water. Avoid plastic containers or throwing cigarettes on the ground.
 - Extinguish Completely: Soak butts and ashes in water before throwing them away to eliminate lingering embers.
 - Safe Locations: Place ashtrays on sturdy, non-combustible surfaces away from flammable items like mulch, potted plants, dried leaves, or bushes.
 - Avoid Trash Fires: Never discard hot cigarettes in household trash cans.